POWER POOCHES
- DOG TRAINING -
www.powerpooches.com

Activity Time

Healthy Mind • Happy Dog



Why Activity Matters

- ✓ Reduces boredom and unwanted behaviour
- ✓ Builds confidence
- ✓ Keeps your dog fit and healthy
- ✓ Strengthens the bond with you



Play & Enrichment Ideas



1 Toy Play
Keep your dog mentally busy



2 Tunnels & Exploration
Build confidence and curiosity



3 Balance & Agility
Improve coordination and focus



4 Nose Work & Food Games
Use their natural scenting and problem-solving skills



5 Walk & Play with Friends
Social skills and happy days

Activity Time Tips:

- ✓ Mix different activities to keep things fun and challenging.
- ✓ Short, regular play sessions are better than long, boring ones.
- ✓ Always supervise play with other dogs.
- ✓ Keep a fresh water supply nearby.

Safety First:

- ✓ Check play areas for hazards.
- ✓ Use the right size and type of toys.
- ✓ Know your dog's limits and watch for tiredness.
- ✓ Keep play positive and fun.

An active dog is a happy dog!