10 Tips to Make Dog Training a Daily Habit

Small steps each day = big results!



POWER POOCHES

Train • Bond • Explore Together!

1 Set a Timer

Dedicate just 5–10 minutes to training; it feels doable and effective.



2 Use Habit Stacking

Tie training to something you do daily (e.g., after your morning coffee, practice leash manners).



3 Prepare in Advance

Keep treats, a mat, and toys in easily accessible spots to eliminate barriers.



4 Make it Playful

Treat training as a fun break rather than a chore.



5 Reward Yourself

Pair training sessions with your own small reward (e.g., enjoy coffee afterward).

Happy Dogs Happy Humans!

6 Leverage Downtime

Use moments like TV commercials or while dinner cooks to practice quick cues.



7 Be Consistent with Timing

Dogs thrive on routine, so practice around the same time daily.



8 Celebrate Small Wins

Acknowledge progress, like your dog holding a "wait" for a few extra seconds.



9 Use Visual Reminders

Note on your fridge or reminders on your phone can keep training top of mind.



10 Engage the Family

Rotate training duties so everyone contributes and the dog gets more practice.



Visit **www.youtube.com/@powerpoochesau4673** for more tips!

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